

Organized By:



# The First Annual Meeting of the ECCS and the Digital Health & Laboratory Medicine Forum

October 17-18, 2025 - Conrad Dubai, UAE



شركة الشرق الأوسط وشمال افريقيا للمؤتمرات ذ.م.م.





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# Welcome Message





Dear Colleagues,

It is with great pleasure that we invite you to join us at the The First annual Meeting of the ECCS and the Digital Health & Laboratory Medicine Forum, organized by the Emirates Clinical Chemistry Society (ECCS) and held under the auspices of the International Federation of Clinical Chemistry and Laboratory Medicine (IFCC). This highly anticipated event will take place on October 17-18, 2025, at Conrad Dubai, UAE.

This forum promises to be a landmark gathering, bringing together healthcare professionals, researchers, policymakers, and industry leaders from across the globe. The program is designed to spotlight groundbreaking innovations in digital health and laboratory medicine, with a focus on transforming chronic disease management. Through expert-led keynote presentations, engaging panel discussions, and interactive sessions, participants will explore the challenges, opportunities, and future trends shaping this dynamic field.

Your presence at this forum would be invaluable in enriching the discussions and advancing our shared commitment to healthcare innovation. We would be honored to welcome you as an attendee and greatly appreciate your support in making this event a success.

The forum offers a unique platform to foster meaningful exchanges of ideas, forge new collaborations, and gain critical insights into the latest advancements in digital health and laboratory medicine. It is an unparalleled opportunity to connect with leading experts and peers, while contributing to shaping the future of chronic disease management and improving patient outcomes worldwide.

We sincerely thank you for considering this opportunity and look forward to welcoming you to the Digital Health and Laboratory Medicine Forum 2025.

Together, we can pave the way for a healthier and more innovative future in healthcare.

Warm regards,

Dr. Laila AbdelWareth

Jaila And Warra

Conference Co-Chair

President of the Emirates Clinical Chemistry Society

Chief Executive Officer

National Reference Laboratory, Abu Dhabi, UAE

Manien Cruson

Dr. Damien Gruson

Conference Co-Chair Head of the Department of Clinical Biochemistry, Cliniques Universitaires Saint-Luc.

President of Euromediab 2025 Brussels

International Federation of Clinical Chemistry and

Laboratory Medicine (IFCC)

# **Organizing Committee**



Dr. Shereen Atef, PhD, DABCC Adjunct Faculty, Long Island University, New York, USA Consultant Clinical Pathologist, UAE General Secretary of Emirates Clinical Chemistry Society (ECCS)



**Dr. Rania Bedair**Consultant Pathologist
Chief Medical Officer at Life Diagnostics,
Abu Dhabi, UAE



Dr. Ola Elgaddar
PhD, MBA, CPHQ
Associate Professor of Clinical
Chemistry, Egypt
Executive Director of Laboratory
Services, Fakeeh Care Group, KSA
Board Member of the Emirates
Clinical Chemistry Society



Maysaa Galal Sherif Laboratory Director, Alborg and PHD Group, Dubai, UAE



Sameera Omar Balhamar Supervisor, Laboratory Services, National Reference Laboratory, Abu Dhabi, UAE



Dr. Damien Gruson
Conference Co-Chair
Head of the Department of Clinical
Biochemistry, Cliniques Universitaires
Saint-Luc., President of Euromedlab
2025 Brussels, Belgium
International Federation of Clinical
Chemistry & Laboratory Medicine (IFCC)

#### **Scientific Committee**



Dr. Laila Abdel Wareth
Conference Co-Chair
President of the Emirates Clinical
Chemistry Society
Chief Executive Officer,
National Reference Laboratory,
Abu Dhabi, UAE



Dr. Damien Gruson Conference Co-Chair Head of the Department of Clinical Biochemistry, Cliniques Universitaires Saint-Luc., President of Euromedlab 2025 Brussels, Belgium International Federation of Clinical Chemistry & Laboratory Medicine (IFCC)



Prof. James H. Nichols
PhD, DABCC, FADLM
Professor of Pathology, Microbiology,
and Immunology & Medical Director
of Clinical Chemistry and Point-of-Care
Testing at the Vanderbilt University
Medical Center in Nashville, TN, USA



Dr. Shereen Atef, PhD, DABCC Adjunct Faculty, Long Island University, New York, USA Consultant Clinical Pathologist, UAE General Secretary of Emirates Clinical Chemistry Society (ECCS)



Dr. Ola Elgaddar
PhD, MBA, CPHQ
Associate Professor of Clinical
Chemistry, Egypt
Executive Director of Laboratory
Services, Fakeeh Care Group, KSA
Board Member of the Emirates
Clinical Chemistry Society



**Dr. Fayha Ahmed**Consultant and Head of Biochemistry Unit,
Pathology & Genetics Department,
Dubai Hospital; Vice President of Emirates
Clinical Chemistry Society (ECCS)

# **Confirmed Speakers**



Prof. Khosrow Adeli
PhD, FCACB, DABCC, FAACC
IFCC President (2024-2025)
IFCC President (2020-2023)

IFCC Past President (2024-2025)
IFCC Past President (2020-2023)
IFCC President (2020-2023)
Head and Professor, Clinical Biochemistry,
Paediatric Laboratory Medicine
Senior Scientist, Molecular Medicine,
Research Institute, The Hospital for Sick
Children/University of Toronto



Dr. Damien Gruson

Conference Co-Chair Head of the Department of Clinical Biochemistry, Cliniques Universitaires Saint-Luc., President of Euromedlab 2025 Brussels, Belgium International Federation of Clinical Chemistry & Laboratory Medicine (IFCC)



Prof. James H. Nichols PhD, DABCC, FADLM

Professor of Pathology, Microbiology, and Immunology & Medical Director of Clinical Chemistry and Point-of-Care Testing at the Vanderbilt University Medical Center in Nashville, TN, USA



**Dr. Imran Mirza**Chair, Clinical Pathology
National Reference Laboratory



Dr. Laila Abdel Wareth

Conference Co-Chair President of the Emirates Clinical Chemistry Society Chief Executive Officer, National Reference Laboratory, Abu Dhabi, UAE



Dr. Fayha Ahmed

Consultant and Head of Biochemistry Unit, Pathology & Genetics Department, Dubai Hospital; Vice President of Emirates Clinical Chemistry Society (ECCS)



Dr. Shereen Atef, PhD, DABCC

Adjunct Faculty, Long Island University, New York, USA Consultant Clinical Pathologist, UAE General Secretary of Emirates Clinical Chemistry Society (ECCS)



Dr. Ola Elgaddar PhD, MBA, CPHQ

Associate Professor of Clinical Chemistry, Egypt Executive Director of Laboratory Services, Fakeeh Care Group, KSA Board Member of the Emirates Clinical Chemistry Society

# **Conference Objectives**

- · Recognize the Current Implementation of Digital Health in Chronic Disease Management
- · Discuss Bridging the chasm between Al and clinical implementation in laboratory medicine
- · Integrate Data-Driven Healthcare Approaches
- · Address the Challenges of Digital Transformation in Healthcare
- · Review of Mobile Health Apps and Quality Analysis with Mobile App Rating Scale
- · Enhance Patient-Centered Care Through Digital Health
- · Evaluate the Future Trends and laboratory role in Digital and Mobile Health
- · Promote International Standards and Best Practices
- Engage with experts, researchers, and healthcare professionals to exchange knowledge, share experiences, and build collaborations that drive innovation in chronic disease management

#### Who Should Attend?

#### The conference welcomes the following individuals:

- Pathologists
- · Laboratory Scientists and Technologists
- · Physicians, clinicians, nurses, and other healthcare providers who work closely with pathologists and laboratory professionals in the diagnosis and management of patients.
- · Laboratory directors, laboratory managers and Lab supervisors
- · Quality assurance personnel
- · Fellows, residents and trainees pursuing careers in pathology and laboratory medicine.
- Policy Makers and Regulators involved in healthcare policy, regulation, and accreditation bodies responsible for setting standards and guidelines in pathology and laboratory medicine and other healthcare professionals interested in laboratory medicine.



#### Preliminary Agenda | The First ECCS Annual Meeting Day 1 | October 17, 2025 07:30 - 08:25 Registration & Welcome Coffee 08:25 - 08:30 Opening Remarks **PLENARY SESSION:** The Power of Big Data to Derive Common Reference Intervals across Populations 08:30 - 09:00 **SYMPOSIUMS:** Specialized Testing and Emerging Technologies: 09:00 - 09:30 Empowering Laboratory Diagnostic Service with Mass Spectrometry Next-Generation Sequencing (NGS): Applications in genomics and personalized 09:30 - 10:00 medicine. Liquid Biopsy: A Revolution in Cancer Diagnostics: Emerging biomarkers and 10:00 - 10:30 non-invasive techniques 10:30-11:00 Official Inauguration Coffee Break 11:00-11:15 Role of Laboratory Medicine in Health Equity: Redefining Reference Intervals for Eliminating Health Disparities 11:15 - 11:45 Laboratory Tests Accessibility for Better Health Equity 11:45 - 12:15 The Role of Public Laboratories in Health Equity 12:15 - 12:45 Lunch Break 12:45-14:00 Biomarkers for Neurological Disorders: Are We There Yet? 14:00 - 14:30 Biomarkers of Alzheimer Disease and Neurological Disorders 14:30 - 15:00 The Role of Blood Biomarkers in Diagnosis and Management of Stroke Biomarkers of parkinsonism Disease 15:00 - 15:30 15:30 - 15:45 Coffee Break Unlocking the power of precision medicine The Role of Biomarkers in Personalized Medicine: Identifying and validating 15:45-16:15 predictive biomarkers. 16:15-16:45 The Evolving Role of Biomarkers to Enhance Personalized Medicine 16:45-17:15 Biomarker testing in personalized cancer medicine

Newborn screening: experiences in the Middle East and North Africa

**ROUND-TABLE (AFCB):** 

17:15-18:00

### Agenda | Digital Health & Laboratory Medicine Forum

Day 2 | October 18, 2025

08:25 - 09:25	0	Registration & Welcome Coffee	
09:25 - 09:30	•	Opening Remarks	
09:30 - 10:00	%:30 - 10:00 Keynote Lecture: The Future of Digital Health in Chronic Diseases Man		
	•	SESSION 1: AI, Sensors, and Quality Control in Chronic Diseases Management	
10:00 – 10:30	•	The Role of Artificial Intelligence in Chronic Disease Diagnosis	
10:30 - 11:00	•	Secure Data Exchange for Chronic Disease Health Records	
11:00 - 11:30	•	Integrating Sensors and Wearable Devices for Chronic Disease Monitoring	
11:30 - 11:45	•	Coffee Break	
	•	Session 2: Mobile Health and Patient Empowerment	
11:45 - 12:15	•	Enhancing Patient Empowerment through Digital Tools	
12:15 – 12:45	•	Ensuring Quality Control in Digital Chronic Disease Health	
12:45 – 14:00	•	Prayer & Networking Lunch	
	•	Session 3: Cardiovascular Diseases Management	
14:00 - 14:30	•	Innovations in Digital Health for Cardiovascular Disease Prevention	
14:30 - 15:00	•	Point of Care Testing and Task Shifting in Cardiovascular Health	
15:00 - 15:30	•	Achieving Interoperability in Digital Health Systems	
15:30 – 15:45	•	Coffee Break	
	•	Session 4: Data Exchange and Interoperability in Digital Health	
15:45 - 16:15	•	Improving Outcomes with Digital Health in Chronic Disease Management	
16:15 - 16:45	•	Mobile Health Technologies for Chronic Disease Prevention	
16:45 - 17:15	•	Al and Sensors in Cardiovascular Disease Monitoring	
17:15 - 17:45	•	Summary of Key Takeaways	

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# **HOW TO REGISTER**



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#### **Cancellation / Substitution Policy**

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

#### **Event Venue**

Conrad Dubai, UAE





